



FAMILY DENTISTRY

Share your continuing Dental Care with us

Top 5 Reasons to Visit the Dentist

1. To Prevent Gum Disease

Gum disease is one of the leading causes of adult tooth loss. If diagnosed in its early stages (gingivitis), it can be treated and reversed. If treatment is not received, a more serious and advanced stage of gum disease called periodontitis may follow. Regular visits to the dentist for check ups and dental cleanings, flossing daily and brushing twice a day are key factors in preventing gum disease.

2. To Prevent Oral Cancer

According to The Oral Cancer Foundation, someone dies from oral cancer, every hour of every day in the United States alone. When you go for your regular dental check up and cleaning, your dentist and hygienist are also screening you for oral cancer, which is highly curable if diagnosed early.

3. To Avoid Losing Your Teeth

Since gum disease is one of the leading causes of tooth loss in adults, visiting your dentist on a regular basis and maintaining good oral hygiene is crucial for avoiding false teeth and keeping your natural teeth.

4. To Prevent Dental Emergencies

Many toothaches and dental emergencies can be easily avoided just by regular visits to the dentist. Your dentist can detect any early signs of problems with your teeth or gums. Early detection of cavities, broken fillings and gum disease are easily treatable. If these problems go untreated, root canals, gum surgery and removal of teeth could become the only treatment options available.

5. To Help Maintain Good Overall Health

Gum disease has been linked to heart disease, strokes, pancreatic cancer and more. Visiting your dentist for regular check ups can help you to avoid gum disease, thus promoting better overall health.

Family, Preventive & Cosmetic Dentistry